

Bachelor of Science

Physical Education with

a Major in Coaching

and Physical Activity

Leadership (BS)

Degree Program Guide

The Degree Program Guide is a suggested curriculum to complete this degree program in four years. It is just one of several plans that will work and is presented only as broad guidance to students. Each student is strongly encouraged to develop a customized plan in consultation with their academic advisor. Additional information can also be found in Degree Works.

Course	Title	Credit Hours
Freshman		
Fall		
ENGL 110C	English Composition (C or better required)	3
Nature of Science (BIOL 117N/BIOL 118N recommended)		4
Information Literacy and Research		3
Human Creativity		3
COMM 101R	Public Speaking	3
Credit Hours		16
Spring		
Select one of the following: (C or better required)		3
ENGL 211C	Writing, Rhetoric, and Research	
ENGL 231C	Writing, Rhetoric, and Research: Special Topics	
Literature		3
Nature of Science (BIOL 121N/BIOL 122N recommended)		4
Select one of the following:		3
MATH 101M	An Introduction to Mathematics for Critical Thinking	
MATH 102M	College Algebra	
MATH 103M	College Algebra with Supplemental Instruction	
MATH 162M	Precalculus I	
Interpreting the Past		3
Credit Hours		16
Summer		
Elective or Foreign Language (if required)		3
Credit Hours		3
Sophomore		
Fall		
Philosophy and Ethics		3
HPE 200	Foundations of Education, Physical Education and Health (C- or better required)	3
HPE 218	Aquatics and Outdoor Education (C- or better required)	2

HPE 220	Teaching of Team Sports (C- or better required)	3
BIOL 240 or BIOL 250	Fundamentals of Anatomy and Physiology I (C- or better required) or Human Anatomy and Physiology I	4
Credit Hours		15
Spring		
HPE 222	Teaching Individual Sports and Dance (C- or better required)	3
Human Behavior		3
HPE 300	Teaching Elementary Physical Education (C- or better required)	3
HPE 301W	Methods and Materials in Teaching Physical Education (C or better required)	3
SMGT 315	Sport Media and Public Relations (C- or better required)	3
Credit Hours		15
Summer		
Elective or Foreign Language (if required)		3
Credit Hours		3
Junior		
Fall		
HPE 415 or SMGT 415	Principles of Coaching Management (C- or better required) or Principles of Coaching Management	3
HPE 317	Human Growth & Motor Development (C- or better required)	3
HPE 400	Management Skills for Teaching Health and Physical Education (C- or better required)	3
HPE 409 or EXSC 309	Physiology of Exercise (C- or better required) or Fundamentals of Exercise Physiology	3
Credit Hours		12
Spring		
HPE 318	Motor Learning (C- or better required)	3
HPE 324	Teaching Injury Care for Sports (C- or better required)	3
SMGT 331	Fiscal Planning and Management in Sport and Recreation (C- or better required)	3
HPE 456 or SMGT 456	Sports Psychology (C- or better required) or Sport Psychology	3
TLED 430W	PK-12 Instructional Technology (C- or better required)	3
Credit Hours		15
Senior		
Fall		
HPE 404	Adapted Physical Education (C- or better required)	4

HPE 406	Tests and Measurement in Physical Education and Health (C- or better required)	3
HPE 430	Nutrition and Fitness Education (C- or better required)	3
SMGT 414	Sport Marketing (C- or better required)	3
SMGT 432	Sport Facility and Event Management (C- or better required)	3
Credit Hours		16
Spring		
HPE 368	Coaching Internship (C- or better required)	6
Electives as needed		3-6
Credit Hours		9-12
Total Credit Hours		120-123